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# **CRISIS HOTLINES**

## SUICIDE PREVENTION HOTLINES

### Trevor Lifeline (LGBTQ+ youth ages 13-24)

Phone: (866) 488-7386  
 Text: Text "Trevor" to (202) 304-1200  
 Online chat: [thetrevorproject.org](http://thetrevorproject.org)

### Trans Lifeline (transgender, non-binary & questioning individuals)

Phone: (877) 565-8860  
 \*Available 9:00am-3:00am (Central time)  
 Text and online chat: <https://www.translifeline.org/>

### National Suicide Prevention Lifeline (general population)

Phone: 800-273-TALK (8255)  
 Spanish/Español: 888-628-9454  
 TTY: 800-799-4TTY (4889)  
 Veterans: 800-273-8255, press 1  
 Online chat: [suicidepreventionlifeline.org/chat/](http://suicidepreventionlifeline.org/chat/)

### HOPELINE Text Line (general population)

Text message: 741741

## OTHER HOTLINES

### National Domestic Violence Hotline (general population)

Phone: (800) 799-7233  
 TTY: (800) 787-3224  
 Online chat: [thehotline.org](http://thehotline.org)  
 \*Chat online in English or Spanish/Español.

### National Sexual Assault Hotline (general population)

Phone: (800) 656-HOPE (4673)  
 Online chat: [hotline.rainn.org/online/](http://hotline.rainn.org/online/)  
 \*Chat online in English or Spanish/Español.

### Wisconsin LGBTQ Anti-Violence Resource Line (LGBTQ+)

Phone: (414) 856-LGBT (5428)  
 \*Call 24/7 and leave a message; advocate will call within 24 hours on weekday, varies on weekend.