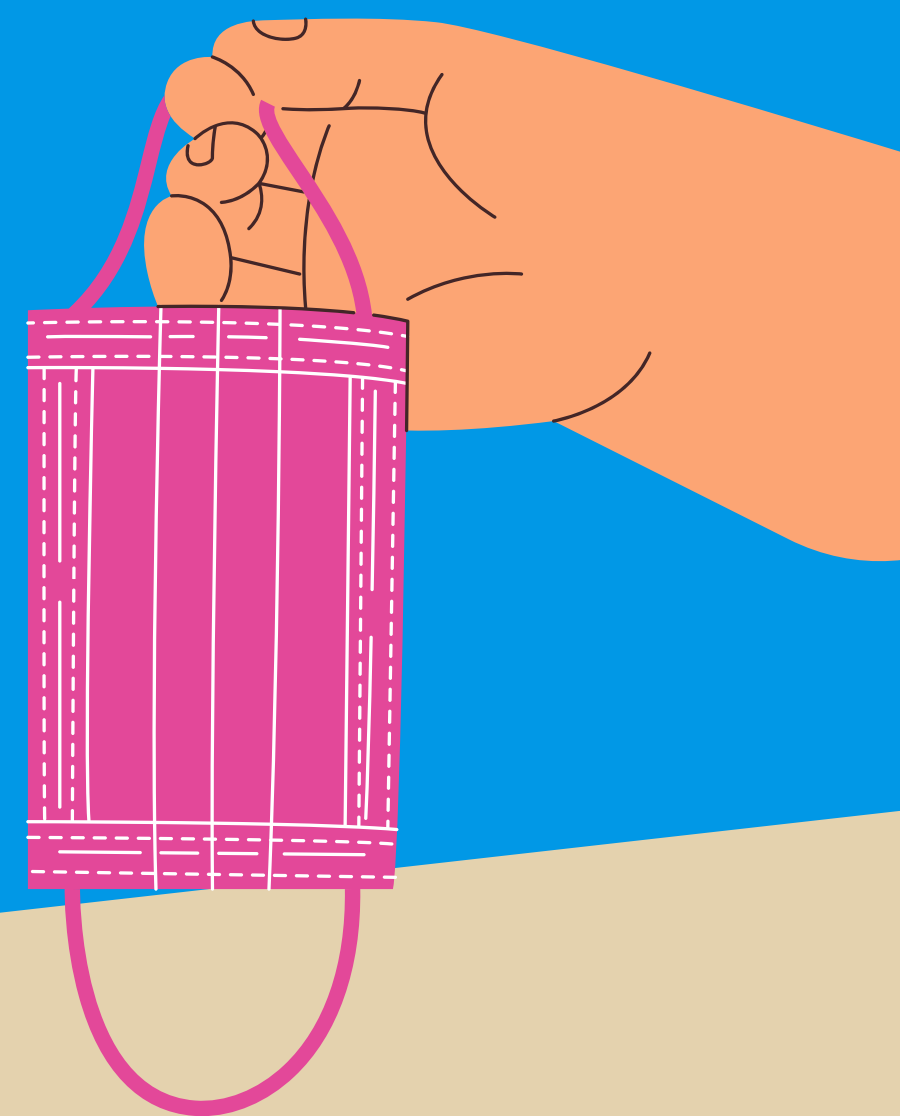


Making Sex Safer During the COVID-19 Pandemic:

A Guide for Trans Folks



You are your safest sex partner.

Solo sex will not spread COVID.

Get creative with sex toys, video chat with partner(s), or try sexting!

When having sex:

Have sex with people only inside your "COVID bubble."

Wash your hands before and after sex!

Lower risk activities: mutual masturbation, using condoms or dental dams, avoid kissing and rimming.

Make it a little kinky: wear a mask, have non face-to-face sex, or even behind physical barriers.



Protect those around you:

Monitor your symptoms for signs of COVID.

Get tested if you feel you may have been exposed.

Avoid contact with people who may be at high risk of complications with COVID.



Adapted from the NYC Health Department